



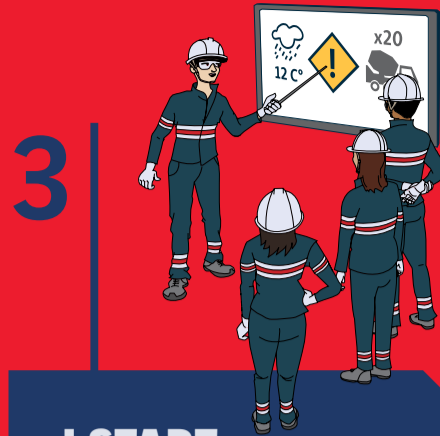
1

I UNDERTAKE
a full Health and Safety Induction covering specific arrangements and major risks before starting work or visiting the project.



2

I WEAR
the minimum required PPE at all times as stated in the induction and as required by any applicable risk assessment.



3

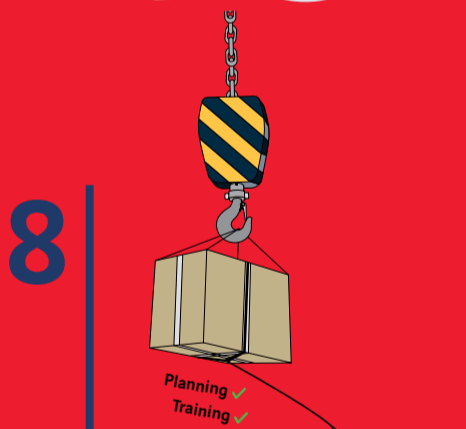
I START
each shift with a Pre-Start meeting given by the Supervisor. I assess with my crew and my supervisor the major risks involved in the daily tasks.



4

I STEP BACK
from any unsafe act and conditions observed, I warn others and take action to rectify it if I am able. I immediately report all near misses to my supervisor, I participate in the investigation and debriefing process in order to define corrective and preventive actions.

GOLDEN RULES



8

I NEVER ATTEMPT
to sling or lift a load if I am not trained, I Never walk under a suspended load, all lifts must be planned and adequately supervised by a competent person.



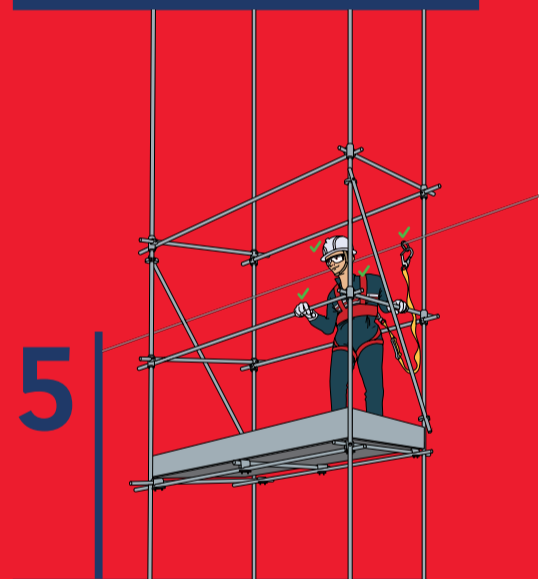
7

I ONLY OPERATE
machinery, plant and equipment for which I have been specifically trained and authorized. I will not remove guards from equipment or modify it from the original configuration.



6

I USE my telephone ONLY in designated areas, NEVER whilst operating any type of plant and equipment including motor vehicles.



5

I MUST ASSESS
all work at height activities with my supervisor. I work at height only if I have been trained to use and provided with the appropriate collective protections or fall restraint harnesses.